



Gospel Doctrine Sunday School Lesson

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The Church of Jesus Christ of Latter-day Saints, Slippery Rock Branch

Today's Word: wroth

Lesson 5:

"If Thou Doest Well, Thou Shalt Be Accepted"

Are You:

- Doing your Home Teaching or Visiting Teaching?
- Having Family Home Evening Every Week?

Questions to Ponder

- How did Cain respond when the Lord asked where Abel was?
- What does it mean to be our brother's keeper?
- What does it mean to be of one heart and mind with the Lord? In our families?

Who said these things? Set 1	Who said these things? Set 2
"Who is the Lord that I should know him"	"He is my God, and your God."
"I am free"	"Why counsel ye yourselves, and deny the God of heaven?"
"Am I my brother's keeper?"	"Ye are my brethren."

Am I my brother's keeper? Yes!

Strengthen the brethren—do your home teaching!

"Thou shalt love the Lord thy God with all thy heart, and with all thy soul, and with all thy strength, and with all thy mind; and thy neighbour as thyself." (Luke 10:27.)

Next Week

Lesson 6:

"Noah . . . Prepared an Ark to the Saving of His House"

Moses 8: 19-30

Genesis 6-9

Genesis 11: 1-9

Elder Richard G. Scott counseled:

"Many of you have heavy hearts because a son or daughter, husband or wife, has turned from righteousness to pursue evil. My message is for you.

"Your life is filled with anguish, pain, and, at times, despair. I will tell you how you can be comforted by the Lord.

"First, you must recognize two foundation principles:

"1. While there are many things you can do to help a loved one in need, there are some things that must be done by the Lord.

"2. Also, no enduring improvement can occur without righteous exercise of agency. Do not attempt to override agency. The Lord himself would not do that. Forced obedience yields no blessings (see D&C 58:26-33).



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"Cain was very wroth and his countenance fell."

"I will suggest seven ways you can help.

"**First**, love without limitations. . . **Second**, do not condone the transgressions, but extend every hope and support to the transgressor. . . **Third**, teach truth. . . **Fourth**, honestly forgive as often as is required. . . **Fifth**, pray trustingly. 'The . . . fervent prayer of a righteous man availeth much' (James 5:16). . .

"**Sixth**, keep perspective. . . When the things you realistically can do to help are done, leave the matter in the hands of the Lord and worry no more. Do not feel guilty because you cannot do more. Do not waste your energy on useless worry. . . In time, you will feel impressions and know how to give further help. You will find more peace and happiness, will not neglect others that need you, and will be able to give greater help because of that eternal perspective. . .

"**One last suggestion**—Never give up on a loved one, never!"

(in Conference Report, Apr. 1988, 69-71; or *Ensign*, May 1988, 60-61)

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