



# Gospel Doctrine Sunday School Lesson

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The Church of Jesus Christ of Latter-day Saints, Slippery Rock Branch

Today's Word: ephah

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## Lesson 22: "The Lord Looketh on the Heart"

### Questions to Ponder

#### Are You:

- Saying Your Prayers Daily?
- Attending Church Meetings Regularly?
- Reading Scriptures Daily?

#### Today's Scriptures

- 1 Samuel 9-11
- 1 Samuel 13
- 1 Samuel 15-17

#### Next Week

#### Lesson 23:

#### "The Lord Be Between Thee and Me For Ever"

- 1 Samuel 18-20
- 1 Samuel 23-24

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**Saul**—Originally sent by his father Kish, a Benjamite, to locate some lost donkeys, Saul became the first anointed king over the Israelites, reigning 42 years. He lost favor with God, and an evil spirit hung over him, making him extremely jealous of David, next to be king.

**Samuel**—Last of the reign of the Judges, the son of goodly parents Hannah and Elkinah, Samuel was taught by Eli whom he succeeded as Prophet/Seer for Israel. Anointed Saul, then David as king.

**Goliath**—A Philistine from the village of Gath (also called a Gethite or Gittite), where a race of giants lived called the Anakims; he was six cubits and a span (about 9 ft., 9 in. tall). At least four others like Goliath, possibly brothers, were nearby with the Philistines, which may be why David picked up 5 stones.

**David**—Youngest son of Jesse, David, a strong, handsome shepherd boy, came to play the harp for Saul, killed Goliath, then ended up an outlaw before taking his place as Israel's greatest king.

#### President Gordon B. Hinckley:

"There are Goliaths all around you, hulking giants with evil intent to destroy you. These are not nine-foot-tall men, but they are men and institutions that control attractive but evil things that may challenge and weaken and destroy you. . . ."

"But you need not fear if you have the slingshot of truth in your hands. You have been counseled and taught and advised. You have the stones of virtue and honor and integrity to use against these enemies who would like to conquer you. Insofar as you are concerned, you can hit them 'between the eyes,' to use a figurative expression. You can discipline yourselves to avoid them. You can say to the whole lot of them as David said to Goliath, 'Thou comest to me with a sword, and with a spear, and with a shield: but I come to thee in the name of the Lord of hosts, the God of the armies of Israel, whom thou hast defied.'

"Victory will be yours. . . . You have his power within you to sustain you. . . . Do not let Goliath frighten you. Stand your ground and hold your place, and you will be triumphant" (*Ensign*, May 1983, 46, 51).



#### Elder Marvin J. Ashton:

"We . . . tend to evaluate others on the basis of physical, outward appearance: their 'good looks,' their social status, their family pedigrees, their degrees, or their economic situations.

"The Lord, however, has a different standard by which he measures a person. . . . He does not take a tape measure around the person's head to determine his mental capacity, nor his chest to determine his manliness, but He measures the heart as an indicator of the person's capacity and potential to bless others" (*Ensign*, Nov. 1988, 15).

